

Small Group Leaders' Guide | Sermon Questions, May 24, 2015

How Do I Follow for the Long Haul? | Psalm 131 – Forging Humility

1. When you think of humility, what images or people in your life, do you focus on? Do you have a positive or negative connotation?
2. Why is hearing “NO” so challenging to who we are as people? Does our culture play into it at all? Do “NO” and humility seem like they should go together?

Please read Philippians 2:3-11

3. When looking at the path of Christ in Philippians 2, what strikes you from this description of humility *and* what lies beyond it?
4. What does Paul highlight as the central attitude of humility lived by Jesus? In other words, what mindset or posture is good to focus on when trying to be humble?

Please read Psalm 131

5. How does Psalm 131 compare to the attitude of Jesus in Phil. 2? What impacts you most about the “weaned child” metaphor God uses here?
6. Travis gave 3 “Can I” questions¹ relating to being God, having something now, and avoiding pain. How are you currently experiencing a “No” to one of these in your life?
7. God couldn’t exalt Jesus until he first brought him “low.” Why is it so hard to trust God’s plan for our lives? How can we grow our trust for God?
8. The weaned child knows his mother will provide even if it’s not exactly what he expects. How is God weaning you? What provision are you expecting from God that you’re not getting (i.e. love, peace, healing, comfort, joy, companionship, financial gain, etc.)?

¹ Can I be God? Can I have that now? Can I avoid that pain?