

# connect

**From him the whole body, joined and held together  
by every supporting ligament, grows and builds itself  
up in love, as each part does its work.**

EPHESIANS 4:16

The discipleship journey requires us all to *Connect* with Jesus and our community, and to help others do the same. Connecting involves making relationships that create growth and promote service.

***Am I connecting to Christ?***

***Am I connecting with community?***

***Am I helping others connect to Christ and community?***

***Which aspect of connecting do I need to focus  
on to move forward as a disciple?***

